

# Widow's Tea Talk: *from Grief to Growth*

**When:** •4th Wednesday of the month •2pm-3pm

**Where:** •Bliley funeral home •3801 Augusta Ave

**Group Moderator:** **Ajai Blue-Saunders,**

Ajai lost her husband suddenly in 2015 and would like an opportunity to connect with other widows to discuss the unique grief of losing a spouse.



This group is peer led and not led by a professional counselor.

**To register** to attend please email [Jmoss@blileys.com](mailto:Jmoss@blileys.com) or call Jennifer at 804-355-3800.

This group is sponsored by Bliley's Funeral Home.



*Ajai Blue-Saunders*

To hear about Ajai's story please click here:

<https://speakinggrief.org/stories-of-grief/blue-saunders-saunders-family>

*There is no cost or membership required to attend this group. The meeting space will allow for social distancing and there is an on-line participation option as well..*